

Jensen's Integral Inequality

Note Title

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I'm going to state and prove a simple version of Jensen's integral inequality for convex functions.

There is a more general result. Its proof is an adaptation of this proof.

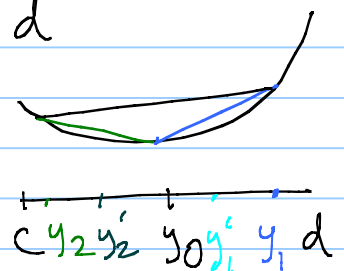
Theorem: Let φ be a differentiable convex function defined on $[c, d]$. Let $p(x) \geq 0$ be a continuous function on $[a, b]$ such that $\int_a^b p = 1$ (a probability density). Let f be a continuous function on $[a, b]$ and let such that $c \leq f(x) \leq d$, and let $\bar{f} = \int_a^b p(x)f(x) dx$ be its average. Then

$$(1) \quad \varphi(\bar{f}) \leq \int_a^b p(x)\varphi(f(x)) dx$$

" φ (average f) \leq average ($\varphi \circ f$) "

Proof Let $y_0 = \bar{f}$, $c \leq y_0 \leq d$

$$\begin{aligned} y_0 &= \frac{1}{(y_1 - y_2)} \left[(y_1 - y_0)y_2 + (y_0 - y_2)y_1 \right] \\ &= \left(\frac{y_1 - y_0}{y_1 - y_2} \right) y_2 + \left(\frac{y_0 - y_2}{y_1 - y_2} \right) y_1. \end{aligned}$$



$$\text{So } y_0 = p_2 y_2 + p_1 y_1, \text{ where } p_2 = \frac{y_1 - y_0}{y_1 - y_2}, p_1 = \frac{y_0 - y_2}{y_1 - y_2}$$

$$p_1 \geq 0, p_2 \geq 0, p_1 + p_2 = 1.$$

Hence

$$\varphi(y_0) = \frac{1}{(y_1 - y_2)} \left[(y_1 - y_0) \varphi(y_2) + (y_0 - y_2) \varphi(y_1) \right],$$

$$\varphi(y_0) (y_1 - y_0 + y_0 - y_2) = (y_1 - y_0) \varphi(y_2) + (y_0 - y_2) \varphi(y_1)$$

$$(\varphi(y_0) - \varphi(y_2)) (y_1 - y_0) = (\varphi(y_1) - \varphi(y_0)) (y_0 - y_2)$$

$$\text{Or } \frac{\varphi(y_0) - \varphi(y_2)}{(y_0 - y_2)} \leq \frac{\varphi(y_1) - \varphi(y_0)}{(y_1 - y_0)}$$

A similar argument proves that if $y_2 < y_2' < y_0 < y_1' < y_1$,

$$\frac{\varphi(y_0) - \varphi(y_2)}{y_0 - y_2} \leq \frac{\varphi(y_0) - \varphi(y_2')}{y_0 - y_2'} \leq \frac{\varphi(y_1') - \varphi(y_0)}{y_1' - y_0} \leq \frac{\varphi(y_1) - \varphi(y_0)}{y_1 - y_0}$$

So the right difference quotients decrease to $\varphi'(y_0)$ and the left difference quotients increase to $\varphi'(y_0)$.

$$\text{i.e. } \frac{\varphi(y_0) - \varphi(y_2)}{y_0 - y_2} \leq \varphi'(y_0) \leq \frac{\varphi(y_1) - \varphi(y_0)}{y_1 - y_0}$$

$$\text{Finally } \varphi(y_1) \geq \varphi'(y_0)(y_1 - y_0) + \varphi(y_0), \text{ if } y_1 > y_0$$

$$\text{and } \varphi(y_2) \geq \varphi'(y_0)(y_2 - y_0) + \varphi(y_0), \text{ if } y_2 < y_0.$$

This says $z = \varphi(y)$ is always above the tangent line

$$z = \varphi'(y_0)(y - y_0) + \varphi(y_0)$$

We have

$$\varphi(y) \geq \varphi'(y_0)(y-y_0) + \varphi(y_0)$$

Let $y = f(x)$:

$$\varphi(f(x)) \geq \varphi'(y_0)(f(x)-y_0) + \varphi(y_0),$$

and multiply by $p(x) \geq 0$ and then integrate:

$$\int_a^b p(x) \varphi(f(x)) dx \geq \varphi'(y_0) \int_a^b p(x) f(x) dx - \varphi'(y_0) \cdot y_0 \int_a^b p(x) dx + \varphi(y_0) \int_a^b p(x) dx.$$

Use $\int p = 1$ to get, and $y_0 = \int_a^b p(x) f(x) dx$

$$\int_a^b p(x) \varphi(f(x)) dx \geq \varphi'(y_0) \cdot y_0 - \varphi'(y_0) \cdot y_0 + \varphi(y_0),$$

to get (1).